

Sweet Solutions: Body Sugaring *By Lina Kennedy*

Getting rid of unwanted hair used to be a hush-hush topic. Now, everyone is looking for sexy, hair-free, silky smooth skin, and new options are always progressing. Among hair removal methods, there is one gaining popularity for its ease and effectiveness: body sugaring.

Professional sugaring treatments are about refining, reducing and eliminating your hair growth without burning or bruising skin. There is no sticky residue and no breakout. Sugar paste is also 100% natural and skin-friendly. It is also water-soluble which is why it will never damage your skin. The esthetician performing the hair removal treatment will massage a soft, lukewarm velvety sugar paste onto your skin using one hand. This type of application allows the sugar paste to coat all of the hair while it also melts down into your skin and coats your hair on the inside of your skin, inside the follicles. Although the hair is not melted away, it is eased out of the skin with a quick “flicking” action. Hair is removed in the natural direction it grows, which will help to prevent ingrown hairs from occurring. Lubricating the hair with the sugar paste helps the hair ease out of the skin (follicle) and eliminates relatively all discomfort. This

allows hair that is even shorter than 1/16” to be removed. You can actually get sugared as soon as two days after shaving.

Distinct Benefits

The best thing about sugaring is that it will lead to a permanent reduction in hair. Removing a hair when it is very short is important because the best time to remove a hair is when it is in the growing period. Continual extraction of hair in this period will deplete the follicle to the point of “no more growth.” Hair will first become fine and sporadic in growth. Each treatment will then bring you closer to eliminating the hair.

An added advantage to sugaring is that it is an excellent way to exfoliate the skin and rejuvenate its appearance. It is a very safe and gentle product to use on all parts of the body including the delicate facial skin tissues, regardless of age, skin color and hair texture. For example, even if someone has no hair growth to speak of, regular sugaring treatments will lift out the dirt and dead cells that fall into the pores. This will change the appearance of dry sallow skin into vibrant soft and silky skin. Even women with varicose veins, dry itch eczema or diabetes can get regular sugaring treatments. Everyone deserves to have hair-free, silky skin.

Creative Accuracy

With the professional sugaring technique and sugar paste, you also need not worry about your eyebrows getting messed up. An esthetician can correct the shape one hair at a time if need be. If you go to a professional for an eyebrow sugaring, you can actually see what it might look like before the hair is removed. Precisely tapping each hair to be removed and molding it into the sugar paste achieve this. If you don't like what you see, simply tell your esthetician. The sugar paste gets wiped off and the esthetician tries again to get the perfect brow you desire. No harm, no mistakes and no mismatched eyebrows.

New Trends

Get sexy and bold with the L.A. bikini. The L.A. bikini is fast-becoming the hottest request in sugaring, by both sexes. Both men and women are looking to feel sexier and to be bolder with their mates. In fact, sensations are heightened with the L.A. bikini from all perspectives. Professional sugaring removes every single hair from the sensitive bikini area without burning, bruising or tearing the skin. You can even request a design—it is that precise. From hearts to initials to Mickey Mouse, you can be creative with your bikini area.

Body sugaring is here to stay. You'll never know how great it is

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until you try it! You have nothing
to lose—except your hair. **PMPR**

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