

## **Energy Medicine: The Power of Information**

**By Jon Monroe**

When most people hear the term energy medicine, they have only the vaguest notion of what this means. It would surprise many to learn that the field of energy medicine is a cutting-edge science that today pushes the envelope of what is possible in the technology of health and healing. Sometimes referred to as vibrational healing or electronic medicine, it has—for almost a century—paralleled the development of mainstream medical science. It is the technology of using information to heal.

### **Word Power**

A single unkind word can have a profoundly debilitating effect, just as a word of encouragement can work wonders. To use a computer analogy, consider a modern computer that is malfunctioning. The technician sent to fix it would most likely do so by introducing new information into the computer to replace information that has been corrupted, lost or inadvertently deleted. Only rarely would the problem be caused by broken hardware. Applying this logic, many human health problems can be viewed as pathological or stressful information at work in the system. Change the information and the problem is fixed. Everyone

has in some way been effected powerfully by a sight, a sound or a bit of music.

The recent advent and availability of personal computers has fueled a quantum leap in electronic medicine. So profound are these new technologies, that it will come to change the very notion of what is possible in healing, as well as what it means to be healthy.

There are two basic ideas to understand. First, is the side of the technology that provides practitioners with enhanced diagnostic capabilities. Called electronic kineseology, this is a technique and technology for enhancing human perception so that the patterns of disease can be detected and potential medicines can be matched to those conditions. The second is the aforementioned use of electronically composed information as medicine. It is the combination of these abilities and technology that makes electronic medicine so effective.

### **How it Works**

The energy medicine practitioner connects the client to instrumentation, which can be a hardwire hookup, or the analysis can be done on a viable tissue sample like hair. Using electronic kineseology, the practitioner gets tactile feedback from the instrument. The operator can feel the greater or lesser levels of energy or stress in the client's

system. The instrumentation quantifies and records this. When enough analysis has been done for the practitioner to comprehend the client's problem, the needed electronic medicine is composed.

**"The advent of computers has fueled a quantum leap in electronic medicine."**

This is a considerable departure and enhancement of the traditional practice of medicine, both Western and alternative. In the traditional model, everything depends on a correct diagnosis. Once the correct diagnosis is made, the physician simply administers the prescribed medicine for that condition. If the effect is not the desired one, the physician simply goes to the next medicine on the list. In the paradigm of electronic and energetic medicine, the only value of the diagnosis is to enlighten the practitioner as to the nature of the client's condition.

Armed with this understanding, the practitioner uses creativity, skills and gifts in the composition of the electronic medicine. Safety is virtually 100% as the practitioner can test the composed electronic remedy for efficacy and possible side effects before it is given to the client. If necessary, the remedy is edited to eliminate any problems.

### **Hypothetical Example**

## **PMPR** Cosmetic Forecast 2003/2004

A hypothetical example of energy medicine can best demonstrate the possibilities as they exist today. "John" is not sick exactly. At 58, he feels he does not have the energy to keep up with the fast pace of business or his second wife, who is younger. John feels old and looks even older. His regular physician has given him a clean bill of health but says he works too hard and needs more rest. Feeling that is not an option, he visits an alternative medical practitioner who employs electronic medicine.

**"Kinesiology is a technique and technology for enhancing human perception."**

Upon arriving at the practitioner's office, John is asked for a small hair sample for diagnostic purposes, fills out a required standard form and waits. He is then ushered into a treatment room where he sits beside a large desk occupied mostly with a computer and other electronic equipment he does not recognize. After introductions, the practitioner asks him basic questions about his condition and his reasons for coming to see him. Soon the practitioner is using graphic displays on his computer screen to point out several areas of high stress in John's endocrine system.

These, he believes, are the chief culprits of what he describes as premature aging. After repeating his other physician's advice to get more rest, the practitioner brings up other screens on his computer. As he works, the practitioner explains to John that he is composing electronic medicine to counter the stress found in the energetic test, as well as to boost and balance his endocrine system.

After a final keystroke, the practitioner says that his prescription of electronic medicine has been e-mailed to his home computer. He explains that on returning home, John need only click on the electronic medicine icon to receive his treatment of coded light, sound and geometry. He tells John to follow the instructions that will accompany his electronic remedy and to contact him again if he needs further help. As John leaves the office, he notes that the entire visit has taken less than 30 minutes.

Upon returning home, he eagerly sits down at his computer to check his e-mail. The message from the practitioner contains the graphic printouts of his diagnostic readings along with the practitioner's comments and explanations. At the end is the electronic medicine icon. He clicks on it and a screen appears that explains that he should experience his treatment each evening for five

days. He clicks the start button. Strange electronic music begins to play in time with swirling colors and geometric forms. As the melodic sequence progresses, he feels as though the swirling energies are moving within him, as if each note sounds in a slightly different part of his chest. The program stops after what seems as though it has taken only a few seconds, but it has been three and a half minutes. John smiles and puts his hand to his chest. It feels warm.

John's experience is made possible by technology commercially available today that most people would have trouble believing in—the efficacy of this technology is only human. After all, most people do not believe because they have checked with top experts in the field. They believe in those things they and others have experienced.

### **Ahead of Schedule**

Energy medicine has the potential to radically transform the industry. It has, in fact, already begun to do so. Many cosmetics, supplements and fitness products are altered or created outright by technologies similar to those found in energy medicine. The future is ahead of schedule. **PMPR**

---

*Jon Monroe is director of New Science, which he founded in 1985*

# **PMPR** Cosmetic Forecast 2003/2004

*in pursuit of research on electronic  
medicine. jmonroe@cnsr.com*